

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃 - 男子青年組

10KM Individual Challenge Cup - Men's Junior

| <i>Category Position</i> | <i>Bib</i> | <i>Name</i> | <i>Official Time</i> |
|------------------------------|------------|---------------|--------------------------|
| 1 | 1019 | LAM YU TING | 0:38:53 |
| 2 | 1011 | SO KA-WANG | 0:39:06 |
| 3 | 1023 | YIU TSZ LEONG | 0:39:21 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃 - 男子壯年組

10KM Individual Challenge Cup - Men's Senior

| <i>Category Position</i> | <i>Bib</i> | <i>Name</i> | <i>Official Time</i> |
|------------------------------|------------|------------------|--------------------------|
| 1 | 2043 | 葉 東海 | 0:34:26 |
| 2 | 2037 | TSIM HOI KIN | 0:34:49 |
| 3 | 2009 | LI CHUN YIN,IVAN | 0:35:14 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃 - 男子先進 1 組

10KM Individual Challenge Cup - Men's Master 1

| <i>Category Position</i> | <i>Bib</i> | <i>Name</i> | <i>Official Time</i> |
|------------------------------|------------|--------------|--------------------------|
| 1 | 3062 | 樊 頌文 | 0:39:08 |
| 2 | 3073 | KWONG KA SHI | 0:39:28 |
| 3 | 3061 | 朱 佑文 | 0:41:17 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃 - 男子先進 2 組

10KM Individual Challenge Cup - Men's Master 2

| <i>Category Position</i> | <i>Bib</i> | <i>Name</i> | <i>Official Time</i> |
|------------------------------|------------|----------------|--------------------------|
| 1 | 5022 | YUEN LAI TUNG | 0:40:34 |
| 2 | 5036 | LUK SIU HONG | 0:41:17 |
| 3 | 5029 | CHUNG TZE FOON | 0:42:08 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃 - 女子青年組

10KM Individual Challenge Cup - Women's Junior

| <i>Category Position</i> | <i>Bib</i> | <i>Name</i> | <i>Official Time</i> |
|------------------------------|------------|--------------|--------------------------|
| 1 | 6005 | TONG LOK YU | 0:40:59 |
| 2 | 6002 | WAN TAN YUNG | 0:54:47 |
| 3 | 6008 | 張樂琪 | 1:06:06 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃 - 女子壯年組

10KM Individual Challenge Cup - Women's Senior

| <i>Category Position</i> | <i>Bib</i> | <i>Name</i> | <i>Official Time</i> |
|------------------------------|------------|--------------------|--------------------------|
| 1 | 7065 | CHAN HIN SIN CINDY | 0:47:09 |
| 2 | 7024 | CHAN TSZ KI | 0:48:13 |
| 3 | 7048 | CHOW CHOI YAN | 0:49:01 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃 - 女子先進 1 組

10KM Individual Challenge Cup - Women's Master 1

| <i>Category Position</i> | <i>Bib</i> | <i>Name</i> | <i>Official Time</i> |
|------------------------------|------------|------------------|--------------------------|
| 1 | 8012 | MA HOI YI MELODY | 0:45:42 |
| 2 | 8034 | LAM POLLY | 0:50:45 |
| 3 | 8036 | 黃文英 | 0:51:14 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃 - 女子先進 2 組

10KM Individual Challenge Cup - Women's Master 2

| <i>Category Position</i> | <i>Bib</i> | <i>Name</i> | <i>Official Time</i> |
|------------------------------|------------|--------------------|--------------------------|
| 1 | 9043 | LEE PUI KAM KENNA | 0:47:22 |
| 2 | 9029 | WONG SAU LIN | 0:48:37 |
| 3 | 9044 | TSANG MEI WA MARIA | 0:49:33 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

十公里挑戰盃總冠軍(男子)

10KM Overall Champion (Men)

| Category Position | Race | 賽事 | Category | 組別 | Bib | Name | Official Time |
|-------------------|-------------------------------|--------|--------------|-------|------|------|---------------|
| 1 | 10KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2043 | 葉東海 | 0:34:26 |

十公里挑戰盃總冠軍(女子)

10KM Overall Champion (Women)

| Category Position | Race | 賽事 | Category | 組別 | Bib | Name | Official Time |
|-------------------|-------------------------------|--------|----------------|-------|------|-------------|---------------|
| 1 | 10KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6005 | TONG LOK YU | 0:40:59 |

百周年慶典挑戰盃

Centenary Challenge Cup

(05 March 2017, Temp:18-23C Relative Humidity: 70-95%)

| Category Position | Race | 賽事 | Category | 組別 | Bib | Name | Official Time | Net Time | TP1 10KM | TP2 10KM | Remark |
|-------------------|-------------------------------|--------|----------------|----------|------|-----------------|---------------|----------|----------|----------|--------|
| 1 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1019 | LAM YU TING | 0:38:53 | 0:38:52 | 0:17:32 | 0:25:11 | |
| 2 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1011 | SO KA-WANG | 0:39:06 | 0:39:05 | 0:17:34 | 0:25:31 | |
| 3 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1023 | YIU TSZ LEONG | 0:39:21 | 0:39:17 | 0:17:04 | 0:25:14 | |
| 4 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1002 | CHIU WAN CHUN | 0:39:38 | 0:39:11 | 0:18:04 | 0:25:57 | |
| 5 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1009 | LAM CHAK FUNG | 0:39:40 | 0:39:38 | 0:18:08 | 0:26:08 | |
| 6 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1008 | LAM HEI YIN | 0:42:49 | 0:42:47 | 0:18:24 | 0:27:38 | |
| 7 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1015 | 余 清華 | 0:45:29 | 0:45:26 | 0:19:29 | 0:28:39 | |
| 8 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1004 | LI SHING-LAI | 0:45:35 | 0:45:34 | 0:19:37 | 0:28:55 | |
| 9 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1012 | KWOK TSZ HO | 0:46:04 | 0:45:36 | 0:20:46 | 0:30:02 | |
| 10 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1017 | YAU PAK YIU | 0:46:14 | 0:46:11 | 0:20:03 | 0:29:43 | |
| 11 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1006 | MAK KA CHUNG | 0:46:21 | 0:45:56 | 0:20:45 | 0:30:01 | |
| 12 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1001 | CHU WAI NOK | 0:49:47 | 0:49:40 | 0:22:11 | 0:32:08 | |
| 13 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1010 | CHOW KWOK MING | 0:50:23 | 0:50:21 | 0:21:51 | 0:31:53 | |
| 14 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1016 | 周 世邦 | 0:56:37 | 0:56:09 | 0:25:30 | 0:36:54 | |
| 15 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1022 | LAU CHUN WAI | 1:01:13 | 1:01:03 | 0:25:29 | 0:38:31 | |
| 16 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1013 | LEE CHUN FAI | 1:03:55 | 1:03:27 | 0:29:53 | 0:42:16 | |
| 17 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1005 | 梁 銘峻 | 1:08:21 | 1:07:52 | 0:29:53 | 0:43:27 | |
| 18 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1014 | ALDRIDGE NATHAN | 1:08:58 | 1:08:33 | 0:31:03 | 0:44:45 | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1003 | 徐 俊傑 | | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1007 | 翁 梓淳 | | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1018 | 蔡 曉霖 | | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Junior | 男子青年組 | 1020 | 鄧 雨澤 | | | | | |
| 1 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3062 | 樊 頌文 | 0:39:08 | 0:39:07 | 0:17:40 | 0:25:25 | |
| 2 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3073 | KWONG KA SHI | 0:39:28 | 0:39:27 | 0:17:38 | 0:25:32 | |
| 3 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3061 | 朱 佑文 | 0:41:17 | 0:41:17 | 0:18:36 | 0:26:53 | |
| 4 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3055 | LAW WAI YIP | 0:41:33 | 0:41:29 | 0:18:10 | 0:26:32 | |
| 5 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3009 | FOK CHI HONG | 0:42:02 | 0:42:00 | 0:19:16 | 0:27:36 | |
| 6 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3082 | CHOI FU WANG | 0:42:02 | 0:42:01 | 0:18:57 | 0:27:16 | |
| 7 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3067 | CHAU KA MAN | 0:43:07 | 0:43:04 | 0:19:18 | 0:27:48 | |
| 8 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3011 | KIN WING CHAN | 0:43:58 | 0:43:57 | 0:19:05 | 0:28:03 | |
| 9 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3086 | LEUNG KIN WAI | 0:44:59 | 0:44:55 | 0:20:06 | 0:28:57 | |
| 10 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3022 | HUI TIM | 0:45:05 | 0:45:03 | 0:20:05 | 0:28:56 | |
| 11 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3007 | 詹 浩佳 | 0:45:34 | 0:45:15 | 0:20:43 | 0:29:32 | |
| 12 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3041 | LO CHI WAI | 0:46:09 | 0:46:06 | 0:19:57 | 0:29:16 | |

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|----|-------------------------------|--------|----------------|----------|------|-------------------------|---------|---------|---------|---------|
| 13 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3036 | HUI CHING WAI | 0:46:22 | 0:46:15 | 0:21:13 | 0:30:28 |
| 14 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3046 | 李 嘉 華 | 0:46:30 | 0:46:28 | 0:20:18 | 0:29:59 |
| 15 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3034 | NG FEI YEUNG | 0:47:06 | 0:46:49 | 0:21:04 | 0:30:29 |
| 16 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3023 | CHAN CHI LUN | 0:47:21 | 0:47:08 | 0:21:27 | 0:30:56 |
| 17 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3017 | CHUNG PUI KEI | 0:47:48 | 0:47:40 | 0:21:33 | 0:31:05 |
| 18 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3059 | SO WAI KEI | 0:47:58 | 0:47:56 | 0:21:12 | 0:30:54 |
| 19 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3026 | LIU PAUL | 0:48:09 | 0:48:07 | 0:21:01 | 0:30:49 |
| 20 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3044 | LOK WAH BONG | 0:49:00 | 0:48:51 | 0:21:37 | 0:31:24 |
| 21 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3019 | 張 智 淵 | 0:49:25 | 0:49:22 | 0:21:43 | 0:31:46 |
| 22 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3018 | TANG HOI WAI | 0:49:58 | 0:49:53 | 0:22:30 | 0:32:29 |
| 23 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3040 | WAN SIU KEI | 0:50:06 | 0:50:04 | 0:21:57 | 0:32:13 |
| 24 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3004 | YEUNG HON WAI | 0:50:40 | 0:50:39 | 0:22:42 | 0:32:56 |
| 25 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3084 | CHEUNG WING LOK | 0:51:12 | 0:51:04 | 0:22:29 | 0:32:39 |
| 26 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3079 | AU YEUNG MO FUN JOHNSON | 0:51:35 | 0:51:20 | 0:22:30 | 0:32:54 |
| 27 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3081 | LUK CHAN KWONG | 0:52:33 | 0:52:28 | 0:23:00 | 0:33:43 |
| 28 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3087 | YIP YEW KHEONG | 0:52:37 | 0:52:32 | 0:23:01 | 0:33:44 |
| 29 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3077 | YEUNG MAU LEONG | 0:52:45 | 0:52:37 | 0:23:50 | 0:34:28 |
| 30 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3058 | LOK CHIN MING | 0:53:24 | 0:53:04 | 0:23:34 | 0:34:24 |
| 31 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3012 | HO KAI CHUNG | 0:53:35 | 0:53:30 | 0:23:06 | 0:34:04 |
| 32 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3052 | CHEUNG CHUN KIT | 0:53:35 | 0:53:15 | 0:23:43 | 0:34:39 |
| 33 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3043 | LUI MAN KIT | 0:54:27 | 0:54:19 | 0:24:00 | 0:34:50 |
| 34 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3038 | YEUNG KING HUNG | 0:54:34 | 0:54:25 | 0:23:22 | 0:34:29 |
| 35 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3047 | CHAN YING KIT | 0:54:44 | 0:54:32 | 0:23:55 | 0:35:04 |
| 36 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3063 | LEUNG CHI HO | 0:54:59 | 0:54:36 | 0:23:39 | 0:34:38 |
| 37 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3068 | LAM SAI CHUNG KENNETH | 0:55:00 | 0:54:58 | 0:24:29 | 0:35:44 |
| 38 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3005 | WEI RAYMOND WING HONG | 0:55:08 | 0:55:01 | 0:24:39 | 0:35:41 |
| 39 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3035 | CHENG KWOK MING | 0:55:24 | 0:55:01 | 0:25:45 | 0:36:35 |
| 40 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3074 | LAW KA HO | 0:56:02 | 0:55:47 | 0:25:11 | 0:36:21 |
| 41 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3050 | YUEN LING CHOI LEON | 0:56:28 | 0:56:19 | 0:25:14 | 0:36:37 |
| 42 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3054 | LI JOE | 0:56:33 | 0:56:19 | 0:24:50 | 0:36:29 |
| 43 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3029 | NG SHERLOCK | 0:56:51 | 0:56:47 | 0:28:10 | 0:38:40 |
| 44 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3065 | LAM CHING SING | 0:57:36 | 0:57:16 | 0:25:39 | 0:37:26 |
| 45 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3072 | YIP KAM CHEONG | 0:57:46 | 0:57:43 | 0:24:41 | 0:36:51 |
| 46 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3031 | LAU YUEN KWAN | 0:59:24 | 0:59:08 | 0:26:10 | 0:37:54 |
| 47 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3049 | YAM CHUN YIN | 1:01:40 | 1:01:39 | 0:26:16 | 0:39:29 |
| 48 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3070 | CHAN CHI WA | 1:01:46 | 1:01:31 | 0:28:31 | 0:40:45 |
| 49 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3024 | YAU CHAK YUNG | 1:01:48 | 1:01:26 | 0:26:42 | 0:39:33 |
| 50 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3078 | WONG WAI HUNG | 1:03:24 | 1:03:10 | 0:26:45 | 0:39:17 |
| 51 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3076 | CHU JIMMY | 1:03:34 | 1:03:22 | 0:27:28 | 0:40:16 |
| 52 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3021 | LI CHI HO | 1:04:22 | 1:04:03 | 0:28:24 | 0:41:47 |
| 53 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3057 | FOK KA LEUNG | 1:04:23 | 1:04:08 | 0:26:40 | 0:39:56 |
| 54 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3085 | CHOI CHUN HI | 1:04:35 | 1:04:31 | 0:27:10 | 0:40:43 |
| 55 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3039 | NGAI CHI KEUNG | 1:05:10 | 1:04:39 | 0:30:08 | 0:43:20 |

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|----|-------------------------------|--------|----------------|----------|------|------------------------|---------|---------|---------|---------|
| 56 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3064 | CHUEN KA PO | 1:05:58 | 1:05:39 | 0:28:28 | 0:41:51 |
| 57 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3045 | LEE KWOK FAI | 1:05:58 | 1:05:38 | 0:32:48 | 0:45:14 |
| 58 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3003 | CHEUNG PAUL | 1:07:10 | 1:06:24 | 0:28:49 | 0:42:49 |
| 59 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3014 | WONG WAH | 1:07:11 | 1:06:25 | 0:28:48 | 0:42:49 |
| 60 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3008 | MAK HO YAN | 1:07:11 | 1:06:26 | 0:28:48 | 0:42:48 |
| 61 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3030 | KOO HO MAN | 1:08:04 | 1:07:52 | 0:31:31 | 0:44:48 |
| 62 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3066 | TSANG CHIU WAH VINCENT | 1:08:39 | 1:08:32 | 0:29:39 | 0:43:11 |
| 63 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3053 | LEE TIN HANG | 1:08:42 | 1:08:28 | 0:30:22 | 0:43:50 |
| 64 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3033 | CHEUNG BYORN | 1:09:53 | 1:09:24 | 0:29:51 | 0:43:36 |
| 65 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3025 | CHU HO YIN MATCH | 1:10:41 | 1:10:30 | 0:32:11 | 0:46:04 |
| 66 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3015 | LAI YUEN HUNG | 1:11:35 | 1:11:15 | 0:31:34 | 0:45:25 |
| 67 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3016 | CHOW YU HIN | 1:12:51 | 1:12:43 | 0:30:19 | 0:44:44 |
| 68 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3060 | LI KA MING | 1:13:09 | 1:12:51 | 0:32:23 | 0:47:23 |
| 69 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3075 | HUI RONALD | 1:13:56 | 1:13:45 | 0:31:45 | 0:46:42 |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3001 | WONG HO WAI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3006 | TSE WAN KIN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3010 | CHAN YING KIN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3020 | PO MAN PAN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3028 | WONG WAI LUN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3032 | CHAN LIK CHUN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3037 | CHAN WAI LI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3042 | LAM TSZ YUI EDDY | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3048 | LEE KA KUI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3051 | CHENG CHUN WAI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3056 | SIU CHUN YU | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3069 | HUNG HIN SUM SAM | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3071 | CHUNG WAI YUEN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3080 | CHUN TAK CHEONG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3083 | LOK KA PO | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 1 | 男子先進 1 組 | 3088 | Chan Sheung Chun | | | | |
| 1 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5022 | YUEN LAI TUNG | 0:40:34 | 0:40:33 | 0:17:59 | 0:26:08 |
| 2 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5036 | LUK SIU HONG | 0:41:17 | 0:41:16 | 0:18:20 | 0:26:43 |
| 3 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5029 | CHUNG TZE FOON | 0:42:08 | 0:42:07 | 0:18:52 | 0:27:22 |
| 4 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5082 | CHENG HIN | 0:42:51 | 0:42:49 | 0:18:56 | 0:27:41 |
| 5 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5040 | YU TAK YIU | 0:42:53 | 0:42:50 | 0:18:54 | 0:27:40 |
| 6 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5052 | CHUNG TAT CHI | 0:43:58 | 0:43:57 | 0:19:38 | 0:28:51 |
| 7 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5033 | CHEUNG SIU KWAN | 0:44:23 | 0:44:22 | 0:19:36 | 0:28:37 |
| 8 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5041 | CHAN WAI KEUNG | 0:44:47 | 0:44:46 | 0:19:27 | 0:28:48 |
| 9 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5018 | CHOW TSZ FUNG | 0:45:09 | 0:45:08 | 0:19:52 | 0:29:00 |
| 10 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5015 | WAN KING CHI, GEORGE | 0:45:42 | 0:45:32 | 0:20:13 | 0:29:23 |
| 11 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5016 | CHEUNG ANDRE | 0:46:15 | 0:46:09 | 0:20:35 | 0:29:57 |
| 12 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5025 | WONG HO LUEN | 0:47:20 | 0:47:02 | 0:21:02 | 0:30:27 |
| 13 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5010 | QI 齐觉 | 0:48:23 | 0:48:21 | 0:21:35 | 0:31:13 |

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|----|-------------------------------|--------|----------------|----------|------|-----------------------|---------|---------|---------|---------|
| 14 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5066 | LEUNG KAM WAI | 0:48:41 | 0:48:37 | 0:21:34 | 0:31:15 |
| 15 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5096 | PANG SHIU KEE | 0:48:44 | 0:48:41 | 0:22:19 | 0:32:02 |
| 16 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5023 | YUEN MAN LAI | 0:49:54 | 0:49:40 | 0:22:26 | 0:32:05 |
| 17 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5095 | LAM CHI CHEUNG | 0:50:09 | 0:50:04 | 0:23:20 | 0:32:57 |
| 18 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5059 | YUEN CHEUNG PO | 0:50:17 | 0:50:13 | 0:21:55 | 0:32:21 |
| 19 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5001 | WONG SIU WAI | 0:50:22 | 0:50:20 | 0:22:05 | 0:32:12 |
| 20 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5058 | WUT TAI MING | 0:50:39 | 0:50:32 | 0:22:56 | 0:32:59 |
| 21 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5008 | NG NICK | 0:51:17 | 0:51:05 | 0:22:44 | 0:33:01 |
| 22 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5011 | HO LAP SANG | 0:51:18 | 0:51:13 | 0:22:21 | 0:32:51 |
| 23 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5004 | CHAN YIU FAI DICKY | 0:51:51 | 0:51:43 | 0:24:43 | 0:34:42 |
| 24 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5031 | TAI SHIU PO WILSON | 0:51:57 | 0:51:44 | 0:22:56 | 0:33:32 |
| 25 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5101 | LOK BING MING | 0:52:33 | 0:52:25 | 0:22:41 | 0:33:16 |
| 26 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5062 | FUNG WAI KUEN THOMAS | 0:52:50 | 0:52:42 | 0:23:18 | 0:33:49 |
| 27 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5035 | YIM WAI HUNG | 0:52:56 | 0:52:48 | 0:23:29 | 0:34:13 |
| 28 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5006 | LUK CHEUNG YIN | 0:53:50 | 0:53:46 | 0:23:58 | 0:34:35 |
| 29 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5043 | CHAN CHEUNG SHING | 0:54:09 | 0:53:58 | 0:24:19 | 0:35:10 |
| 30 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5045 | LAM SAI CHUNG | 0:54:10 | 0:54:09 | 0:24:03 | 0:34:46 |
| 31 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5080 | LO KAM SHUI | 0:54:17 | 0:54:09 | 0:23:55 | 0:34:31 |
| 32 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5055 | TSE KA SHU | 0:54:23 | 0:54:10 | 0:24:46 | 0:35:36 |
| 33 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5020 | LO KA CHIU | 0:54:35 | 0:54:30 | 0:23:17 | 0:34:48 |
| 34 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5079 | NG HO FUNG | 0:54:46 | 0:54:39 | 0:24:51 | 0:35:44 |
| 35 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5087 | WONG KWOK KEUNG | 0:55:26 | 0:55:23 | 0:25:15 | 0:36:08 |
| 36 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5005 | LAI SHING PUN | 0:55:37 | 0:55:17 | 0:24:42 | 0:36:00 |
| 37 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5027 | LI CHUN LAM RAYMOND | 0:56:05 | 0:55:54 | 0:24:15 | 0:35:40 |
| 38 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5047 | SO CHI SHING | 0:56:19 | 0:56:12 | 0:24:07 | 0:35:48 |
| 39 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5042 | LEE WAI MAN | 0:56:49 | 0:56:32 | 0:25:17 | 0:36:34 |
| 40 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5048 | LAU REO | 0:56:57 | 0:56:44 | 0:24:54 | 0:36:23 |
| 41 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5098 | LEUNG KAI SUN | 0:57:05 | 0:56:51 | 0:26:21 | 0:37:19 |
| 42 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5049 | CHEUNG KENNY | 0:57:36 | 0:57:16 | 0:26:03 | 0:37:29 |
| 43 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5106 | HO CHUNG FAI | 0:57:45 | 0:57:33 | 0:25:36 | 0:37:17 |
| 44 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5077 | NG CK | 0:57:58 | 0:57:54 | 0:24:15 | 0:36:47 |
| 45 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5024 | CHAN SHEK LAI | 0:58:04 | 0:57:50 | 0:25:07 | 0:37:15 |
| 46 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5078 | WAN SHU PUI | 0:58:09 | 0:58:04 | 0:25:38 | 0:37:25 |
| 47 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5026 | LAM SAI YEUNG BORIS | 0:58:31 | 0:58:30 | 0:25:53 | 0:37:50 |
| 48 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5054 | WAN BING LEUNG | 0:58:40 | 0:58:27 | 0:26:32 | 0:38:19 |
| 49 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5070 | CHAN YIU CHEONG | 0:58:46 | 0:58:21 | 0:26:08 | 0:37:44 |
| 50 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5083 | TAM CHI HUNG ALEX | 0:59:12 | 0:59:09 | 0:26:07 | 0:38:15 |
| 51 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5044 | MOK WING HUNG | 0:59:38 | 0:59:34 | 0:27:04 | 0:38:31 |
| 52 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5084 | POK CHEUNG WAH | 1:00:09 | 1:00:06 | 0:28:21 | 0:40:05 |
| 53 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5017 | NG KAR HUNG | 1:01:19 | 1:01:10 | 0:26:19 | 0:39:21 |
| 54 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5074 | LEE MATTHEW | 1:01:42 | 1:01:24 | 0:26:51 | 0:39:16 |
| 55 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5085 | LEE SHAIR MING | 1:02:05 | 1:02:00 | 0:28:42 | 0:41:16 |
| 56 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5021 | YEUNG KWOK YING CHOWS | 1:02:20 | 1:02:09 | 0:26:08 | 0:38:30 |

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| 57 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5089 | CHAN SHIK YEUNG | 1:02:37 | 1:02:22 | 0:28:44 | 0:41:42 |
| 58 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5014 | FOK WING HONG | 1:03:06 | 1:02:41 | 0:26:56 | 0:40:10 |
| 59 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5069 | KWOK TAK SHING | 1:03:10 | 1:02:50 | 0:28:48 | 0:41:04 |
| 60 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5090 | TSE WAI HING | 1:04:03 | 1:03:55 | 0:27:17 | 0:40:50 |
| 61 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5093 | NG KAM CHEONG TONY | 1:04:19 | 1:04:15 | 0:27:01 | 0:40:13 |
| 62 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5099 | TUNG MOON FAI | 1:04:20 | 1:04:04 | 0:28:33 | 0:41:27 |
| 63 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5019 | TSE CHUN | 1:04:41 | 1:04:27 | 0:28:27 | 0:41:48 |
| 64 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5105 | 黃子超 | 1:04:48 | 1:04:29 | 0:27:25 | 0:41:08 |
| 65 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5067 | TSANG STEPHEN | 1:05:29 | 1:05:05 | 0:29:12 | 0:42:21 |
| 66 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5094 | TANG CHAM SUN ERIC | 1:05:33 | 1:05:09 | 0:29:54 | 0:42:25 |
| 67 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5088 | WONG SIU WAH JOHN | 1:05:59 | 1:05:47 | 0:27:48 | 0:41:23 |
| 68 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5007 | FUNG KAR TIM | 1:06:45 | 1:06:30 | 0:30:07 | 0:43:41 |
| 69 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5065 | CHO KWAI YEE KEVIN | 1:07:07 | 1:06:55 | 0:28:54 | 0:42:14 |
| 70 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5091 | MO WAI POR | 1:07:08 | 1:06:42 | 0:29:44 | 0:42:58 |
| 71 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5012 | CHAN WAN YAN | 1:08:11 | 1:07:52 | 0:32:20 | 0:46:09 |
| 72 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5102 | CHAN CHOI SHING | 1:08:23 | 1:07:57 | 0:30:04 | 0:43:18 |
| 73 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5060 | NG YAT WAI | 1:08:36 | 1:08:10 | 0:29:51 | 0:43:32 |
| 74 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5086 | WONG PUI WING | 1:11:06 | 1:10:57 | 0:32:18 | 0:47:10 |
| 75 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5081 | CHUI KIT HUNG | 1:11:26 | 1:10:52 | 0:33:22 | 0:47:09 |
| 76 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5100 | WONG KING UFN PAUL | 1:11:26 | 1:10:52 | 0:33:24 | 0:47:15 |
| 77 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5064 | TONG SUI YIN | 1:11:36 | 1:11:08 | 0:32:23 | 0:47:25 |
| 78 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5003 | CHEUNG SAI KIT KEITH | 1:12:57 | 1:12:45 | 0:31:24 | 0:46:11 |
| 79 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5076 | LAM KA FUNG | 1:13:17 | 1:12:56 | 0:33:26 | 0:48:11 |
| 80 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5068 | LAU YUNG FUN | 1:13:41 | 1:13:15 | 0:31:28 | 0:46:30 |
| 81 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5002 | CHOW KA PONG | 1:14:12 | 1:14:01 | 0:30:33 | 0:46:58 |
| 82 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5063 | CHEUNG MAN TAI | 1:14:35 | 1:14:30 | 0:32:22 | 0:47:52 |
| 83 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5034 | LEUNG CHI HUNG | 1:14:54 | 1:14:40 | 0:33:37 | 0:48:45 |
| 84 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5037 | POON CHI KEUNG | 1:15:01 | 1:14:44 | 0:32:44 | 0:47:51 |
| 85 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5032 | LEE KWOK WAN RINGO | 1:18:35 | 1:18:11 | 0:35:08 | 0:51:48 |
| 86 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5009 | MA WAI TUNG | 1:19:27 | 1:19:14 | 0:34:44 | 0:50:47 |
| 87 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5092 | CHONG HIN HING | 1:20:17 | 1:20:00 | 0:35:06 | 0:51:25 |
| 88 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5103 | LEUNG KAM SUI | 1:20:19 | 1:20:11 | 0:34:21 | 0:50:33 |
| 89 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5056 | CHAN KWONG CHING | 1:20:52 | 1:20:26 | 0:35:20 | 0:51:34 |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5013 | CHAN SAI CHU DANNY | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5028 | PANG SUK LING | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5030 | LI YING YIN EDDIE | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5038 | YUNG PAUL | 0:42:32 | 0:42:30 | | DQ |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5039 | YEUNG KWOK CHU RAYMONT | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5046 | FUNG TAI WAI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5050 | LEE MAN TO | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5051 | LEUNG WAI KEUNG, COREY | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5057 | WAN WING HONG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5061 | CHAN TAK CHEONG EDWARD | | | | |

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| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5071 | MAN SAU KEUNG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5072 | TAM CHUN KIT | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5073 | CHAN KWOK CHOI SIMON | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5075 | WONG CHI KUEN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Master 2 | 男子先進 2 組 | 5104 | TING CHI LUNG | | | | |
| 1 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2043 | 葉東海 | 0:34:26 | 0:34:26 | 0:15:36 | 0:22:21 |
| 2 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2037 | TSIM HOI KIN | 0:34:49 | 0:34:49 | 0:15:36 | 0:22:25 |
| 3 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2009 | LI CHUN YIN,IVAN | 0:35:14 | 0:35:13 | 0:15:37 | 0:22:37 |
| 4 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2069 | 李宏俊 | 0:35:44 | 0:35:44 | 0:16:00 | 0:23:04 |
| 5 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2025 | YEUNG CHI WING | 0:36:16 | 0:36:14 | 0:16:04 | 0:23:27 |
| 6 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2103 | CHAN WAI TUNG ALEX | 0:36:18 | 0:36:18 | 0:16:00 | 0:23:26 |
| 7 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2024 | YICK KA LUN | 0:36:31 | 0:36:30 | 0:16:09 | 0:23:28 |
| 8 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2064 | 徐弘泰 | 0:36:56 | 0:36:55 | 0:16:33 | 0:23:57 |
| 9 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2113 | Cheung Chun Fan | 0:37:45 | 0:37:43 | 0:16:44 | 0:24:33 |
| 10 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2031 | 陳展龍 | 0:38:10 | 0:38:09 | 0:16:56 | 0:24:35 |
| 11 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2010 | AU MAN KIT | 0:38:37 | 0:38:35 | 0:17:31 | 0:25:11 |
| 12 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2044 | LAU KAM FAI | 0:38:47 | 0:38:45 | 0:17:00 | 0:24:50 |
| 13 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2027 | 李文軒 | 0:39:01 | 0:39:00 | 0:16:58 | 0:24:53 |
| 14 | 3KM Individual Challenge Cup | 三公里挑戰盃 | Men's Senior | 男子壯年組 | H098 | 馮裕和 | 0:40:14 | 0:40:12 | 0:17:50 | 0:26:07 |
| 15 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2020 | LOONG TSUN-HONG | 0:41:05 | 0:41:03 | 0:18:03 | 0:26:17 |
| 16 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2072 | NG TAK CHEUNG | 0:41:23 | 0:41:21 | 0:18:32 | 0:26:55 |
| 17 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2112 | 黃家健 | 0:41:27 | 0:41:24 | 0:18:51 | 0:27:15 |
| 18 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2007 | LAU CHI LEUK | 0:43:29 | 0:43:22 | 0:19:36 | 0:28:15 |
| 19 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2042 | 陳偉立 | 0:45:13 | 0:44:55 | 0:20:37 | 0:29:36 |
| 20 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2066 | WONG KA WAI | 0:45:19 | 0:45:18 | 0:20:35 | 0:29:38 |
| 21 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2104 | LAM KA WAI | 0:45:33 | 0:45:27 | 0:20:02 | 0:29:07 |
| 22 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2080 | YIP GAVIN | 0:45:40 | 0:45:31 | 0:20:34 | 0:29:35 |
| 23 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2111 | 曾智鏢 | 0:45:43 | 0:45:31 | 0:21:21 | 0:30:09 |
| 24 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2060 | CHUNG KING FAI | 0:47:18 | 0:47:14 | 0:20:57 | 0:30:34 |
| 25 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2096 | LI WUI CHUNG | 0:48:07 | 0:47:50 | 0:21:32 | 0:31:14 |
| 26 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2035 | LEE CHUN TING | 0:48:27 | 0:48:13 | 0:21:46 | 0:31:17 |
| 27 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2089 | TSE HON SAN | 0:48:39 | 0:48:20 | 0:21:32 | 0:31:10 |
| 28 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2052 | CHEUNG CHUNG MAN | 0:49:09 | 0:48:57 | 0:21:39 | 0:31:42 |
| 29 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2073 | CHAN PUN YU | 0:49:29 | 0:49:07 | 0:21:53 | 0:32:04 |
| 30 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2015 | MA ERIC KENNY | 0:49:32 | 0:49:12 | 0:21:26 | 0:31:26 |
| 31 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2071 | 莫景揚 | 0:49:50 | 0:49:48 | 0:21:29 | 0:31:32 |
| 32 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2047 | CHEUNG YIU FAI | 0:49:50 | 0:49:40 | 0:22:42 | 0:32:34 |
| 33 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2048 | WONG WAI HIM | 0:49:51 | 0:49:35 | 0:22:45 | 0:32:33 |
| 34 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2005 | LEE CHUN HIN | 0:50:23 | 0:50:16 | 0:22:01 | 0:31:58 |
| 35 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2038 | SIU KAM NAM | 0:50:31 | 0:50:17 | 0:23:14 | 0:33:03 |
| 36 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2033 | LAU KA WAI | 0:50:47 | 0:50:37 | 0:22:52 | 0:33:05 |
| 37 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2091 | LAU TIMOTHY | 0:50:48 | 0:50:40 | 0:22:49 | 0:32:52 |
| 38 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2085 | KWONG KAI LUN | 0:51:05 | 0:51:02 | 0:23:03 | 0:33:11 |

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| 39 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2075 | WONG ETHAN | 0:51:09 | 0:51:04 | 0:23:19 | 0:33:29 |
| 40 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2021 | TANG CHUN KIT | 0:51:10 | 0:50:49 | 0:23:30 | 0:33:17 |
| 41 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2092 | CHU MAN KIT | 0:51:22 | 0:51:17 | 0:22:13 | 0:32:30 |
| 42 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2046 | TSE KIN BONG | 0:51:57 | 0:51:41 | 0:24:16 | 0:34:46 |
| 43 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2053 | CHONG WAI KIT | 0:52:16 | 0:52:04 | 0:23:16 | 0:33:49 |
| 44 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2006 | CHAN GARETH | 0:52:28 | 0:52:06 | 0:23:04 | 0:33:21 |
| 45 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2110 | SO CHUN HIM | 0:53:29 | 0:53:18 | 0:24:31 | 0:35:20 |
| 46 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2074 | KWAN KA HO | 0:54:06 | 0:53:48 | 0:24:12 | 0:35:00 |
| 47 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2083 | TAM KA SENG | 0:54:30 | 0:54:14 | 0:23:58 | 0:35:08 |
| 48 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2032 | TAM HARRIS | 0:55:05 | 0:54:43 | 0:25:27 | 0:36:17 |
| 49 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2049 | CHAN SIU HONG | 0:55:06 | 0:54:53 | 0:24:52 | 0:35:49 |
| 50 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2029 | KAM PAK YEUNG | 0:55:09 | 0:54:55 | 0:26:33 | 0:36:55 |
| 51 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2095 | 陳 堅衡 | 0:55:11 | 0:55:08 | 0:24:01 | 0:35:27 |
| 52 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2055 | TSE HO LUN | 0:55:12 | 0:55:09 | 0:24:13 | 0:35:42 |
| 53 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2094 | CHIU BONG YOI NIC | 0:55:28 | 0:55:16 | 0:23:54 | 0:35:11 |
| 54 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2079 | CHIU CHUN YUE | 0:55:41 | 0:55:31 | 0:24:11 | 0:35:13 |
| 55 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2059 | MA HOI PANG | 0:56:02 | 0:55:38 | 0:24:57 | 0:36:14 |
| 56 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2014 | YIU HUNG KIT | 0:56:34 | 0:56:10 | 0:24:56 | 0:36:14 |
| 57 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2013 | LAI SIU IN | 0:57:57 | 0:57:41 | 0:26:01 | 0:37:52 |
| 58 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2063 | LAM HON KA | 0:58:08 | 0:57:56 | 0:26:10 | 0:37:54 |
| 59 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2067 | 吳 百恒 | 0:58:11 | 0:58:08 | 0:24:27 | 0:39:17 |
| 60 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2107 | 吳 維邦 | 0:58:11 | 0:57:51 | 0:25:11 | 0:36:50 |
| 61 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2058 | LEUNG SIU CHUNG | 0:58:36 | 0:58:20 | 0:24:22 | 0:36:36 |
| 62 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2070 | LAM CHEUNG | 0:59:35 | 0:59:11 | 0:26:15 | 0:38:21 |
| 63 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2041 | 溫 偉樂 | 1:00:08 | 0:59:50 | 0:26:09 | 0:38:22 |
| 64 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2003 | LAU WAN HONG ALEX | 1:00:09 | 0:59:48 | 0:23:35 | 0:34:20 |
| 65 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2016 | NGAI CHUN HIN | 1:00:10 | 0:59:50 | 0:24:25 | 0:36:20 |
| 66 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2087 | CHAN CALVIN | 1:00:26 | 1:00:04 | 0:26:18 | 0:38:48 |
| 67 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2002 | CHAN ANSON | 1:01:06 | 1:00:58 | 0:25:45 | 0:37:36 |
| 68 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2081 | KWOK WING SHUN | 1:01:50 | 1:01:37 | 0:25:52 | 0:38:17 |
| 69 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2090 | YUNG TAK CHING | 1:01:59 | 1:01:39 | 0:27:23 | 0:40:46 |
| 70 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2062 | CHEUNG CHO YIU | 1:02:14 | 1:01:52 | 0:27:50 | 0:40:34 |
| 71 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2034 | 黃 凱邦 | 1:02:20 | 1:01:58 | 0:28:22 | 0:41:18 |
| 72 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2056 | WONG WAI HIN | 1:03:29 | 1:03:03 | 0:27:52 | 0:40:57 |
| 73 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2076 | NG KA SING EDDIE | 1:03:31 | 1:02:52 | 0:29:30 | 0:41:43 |
| 74 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2022 | CHOW HAU SHING | 1:03:38 | 1:03:16 | 0:32:30 | 0:44:22 |
| 75 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2057 | YEUNG NOK YAN JONATHAN | 1:03:42 | 1:03:26 | 0:26:22 | 0:40:03 |
| 76 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2106 | 郭 毅翔 | 1:04:13 | 1:03:49 | 0:29:40 | 0:42:24 |
| 77 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2019 | 高 巳暉 | 1:05:15 | 1:05:14 | 0:28:05 | 0:41:28 |
| 78 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2054 | 李 正豐 | 1:06:12 | 1:05:50 | 0:28:52 | 0:42:51 |
| 79 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2039 | WONG TUNG WA | 1:07:00 | 1:07:00 | 0:29:30 | 0:43:59 |
| 80 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2105 | CHAN HO YIN | 1:07:45 | 1:07:39 | 0:28:51 | 0:44:12 |
| 81 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2109 | TSANG WAI CHUNG | 1:10:34 | 1:10:27 | 0:31:21 | 0:45:25 |

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| 82 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2108 | 陳子健 | 1:10:48 | 1:10:27 | 0:31:04 | 0:45:28 |
| 83 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2102 | 陳駿業 | 1:11:44 | 1:11:24 | 0:29:57 | 0:44:18 |
| 84 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2030 | HUI HIU YEUNG | 1:12:57 | 1:12:45 | 0:31:34 | 0:47:17 |
| 85 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2001 | HUNG YU SING | 1:13:53 | 1:13:39 | 0:29:45 | 0:45:21 |
| 86 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2008 | LAU CHI YAN | 1:15:13 | 1:14:55 | 0:30:40 | 0:47:34 |
| 87 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2097 | LEUNG KIN PONG | 1:16:16 | 1:16:01 | 0:34:16 | 0:49:17 |
| 88 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2051 | YUEN HON BUN | 1:17:38 | 1:17:13 | 0:34:04 | 0:49:50 |
| 89 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2040 | LEE WANG CHI | 1:27:55 | 1:27:29 | 0:43:39 | 0:59:47 |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2004 | NIGEL CHEUNG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2011 | CHUNG MAN KIT | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2012 | FENG JU XIONG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2017 | LAU SIN YEUNG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2018 | FUNG KAI YIN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2023 | LI WING SUM | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2026 | HUI KA WA | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2028 | LI TSZ TSUN CALVIN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2036 | CHAN LIK HANG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2045 | YEUNG KA SING | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2061 | CHAN KAM WA | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2065 | CHUNG MAN WAI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2068 | NG YUK WAI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2077 | KWOK ALEX | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2078 | LI CHUN TO | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2082 | CHOI CHUN PONG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2084 | YIP CHUEN CHING | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2086 | NGAI KA HO | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2088 | FUNG CHUN PONG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2093 | POON ALEX KWAN HON | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2098 | WU XUN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2099 | LAW CHU SAN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2100 | LO KIN WANG | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Men's Senior | 男子壯年組 | 2101 | LI HO WAN | | | | |
| 1 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6005 | TONG LOK YU | 0:40:59 | 0:40:57 | 0:18:25 | 0:26:44 |
| 2 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6002 | WAN TAN YUNG | 0:54:47 | 0:54:35 | 0:25:10 | 0:35:50 |
| 3 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6008 | 張樂琪 | 1:06:06 | 1:05:42 | 0:29:41 | 0:42:24 |
| 4 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6004 | E NOK CHAN | 1:10:48 | 1:10:21 | 0:32:06 | 0:46:01 |
| 5 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6011 | LAU YUNG | 1:11:53 | 1:11:42 | 0:32:32 | 0:46:59 |
| 6 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6001 | 李芷欣 | 1:14:08 | 1:13:45 | 0:30:50 | 0:46:21 |
| 7 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6013 | 蔡曉霖 | 1:14:08 | 1:13:45 | 0:30:49 | 0:46:21 |
| 8 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6012 | 陳曉瑩 | 1:18:54 | 1:18:29 | 0:33:25 | 0:50:32 |
| 9 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6010 | 梁依琪 | 1:18:54 | 1:18:29 | 0:33:26 | 0:50:32 |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6003 | WONG HIU WAI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6006 | TSUI MANDY | | | | |

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| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6007 | LEUNG HOI CHING | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Junior | 女子青年組 | 6009 | KOWK FANNY | | | | |
| 1 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8012 | MA HOI YI MELODY | 0:45:42 | 0:45:42 | 0:20:03 | 0:29:22 |
| 2 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8034 | LAM POLLY | 0:50:45 | 0:50:41 | 0:22:52 | 0:33:04 |
| 3 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8036 | 黃文英 | 0:51:14 | 0:51:11 | 0:22:46 | 0:33:00 |
| 4 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8056 | 張嘉儀 | 0:52:46 | 0:52:43 | 0:23:15 | 0:33:45 |
| 5 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8035 | WU WEI JAN, JENNY | 0:56:44 | 0:56:34 | 0:24:20 | 0:35:46 |
| 6 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8023 | CHIM WING SHAN AMY | 0:57:15 | 0:57:04 | 0:24:51 | 0:36:24 |
| 7 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8001 | 許仲欣 | 0:58:20 | 0:58:20 | | |
| 8 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8007 | LAM KWAN MEI POLLY | 0:58:30 | 0:58:08 | 0:27:25 | 0:38:45 |
| 9 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8015 | LO SIU TING | 1:00:16 | 1:00:10 | 0:26:58 | 0:38:45 |
| 10 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8022 | LUI SZE MAN | 1:01:08 | 1:00:28 | 0:27:22 | 0:39:29 |
| 11 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8009 | CHAN SZE WAI | 1:01:16 | 1:00:48 | 0:30:45 | 0:42:12 |
| 12 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8027 | CHOI MAN YEE | 1:01:21 | 1:01:10 | 0:27:04 | 0:39:31 |
| 13 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8014 | PANG MAXINE | 1:01:33 | 1:01:12 | 0:26:54 | 0:39:19 |
| 14 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8037 | TSANG WAN | 1:01:57 | 1:01:40 | 0:26:26 | 0:39:31 |
| 15 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8013 | TANG JOYCE | 1:03:40 | 1:03:34 | 0:28:09 | 0:40:49 |
| 16 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8041 | LEONG LEON | 1:03:57 | 1:03:53 | 0:28:13 | 0:41:17 |
| 17 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8008 | AU HELEN | 1:03:58 | 1:00:46 | 0:30:50 | 0:42:54 |
| 18 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8017 | WAN WAI HAN | 1:04:58 | 1:04:43 | 0:28:27 | 0:41:25 |
| 19 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8028 | CHAU KAREN | 1:05:17 | 1:04:56 | 0:29:02 | 0:41:51 |
| 20 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8042 | PANG JACQUELINE | 1:05:29 | 1:05:04 | 0:29:03 | 0:42:09 |
| 21 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8021 | CHEUNG WAI YAN MONICA | 1:06:05 | 1:05:50 | 0:30:24 | 0:43:11 |
| 22 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8050 | TSANG CHI WING CELIA | 1:06:20 | 1:06:04 | 0:29:14 | 0:42:38 |
| 23 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8018 | SIU KIN YEE | 1:07:22 | 1:07:08 | 0:31:01 | 0:44:19 |
| 24 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8019 | FUNG CATHERINE KAWAI | 1:07:27 | 1:06:58 | 0:29:50 | 0:43:22 |
| 25 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8055 | CHAU WING KAM MINI | 1:07:52 | 1:07:46 | 0:31:29 | 0:44:49 |
| 26 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8024 | WONG HELEN | 1:07:53 | 1:07:43 | 0:29:44 | 0:43:34 |
| 27 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8051 | WONG SHIRLEY | 1:08:11 | 1:07:52 | 0:32:20 | 0:46:09 |
| 28 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8002 | HO FUNGLAN | 1:08:13 | 1:07:34 | 0:30:12 | 0:43:41 |
| 29 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8020 | TSANG KI YU | 1:08:37 | 1:08:09 | 0:30:36 | 0:44:20 |
| 30 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8052 | NGAN SIK CHUN | 1:09:55 | 1:09:47 | 0:31:43 | 0:46:12 |
| 31 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8043 | CHAN YING HO | 1:10:13 | 1:09:58 | 0:29:49 | 0:43:39 |
| 32 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8054 | MUI CHING MAN | 1:11:26 | 1:10:48 | 0:33:21 | 0:47:13 |
| 33 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8045 | CHAN SUK PING MAY | 1:11:27 | 1:10:50 | 0:33:21 | |
| 34 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8053 | CHAN LORENA | 1:11:30 | 1:11:16 | 0:32:12 | 0:46:20 |
| 35 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8044 | ZHAO PING | 1:11:33 | 1:11:27 | 0:32:10 | 0:46:52 |
| 36 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8049 | OAK JOO HYUN | 1:12:20 | 1:11:58 | 0:33:54 | 0:47:52 |
| 37 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8006 | SUN PO KI | 1:12:44 | 1:12:35 | 0:32:35 | 0:46:54 |
| 38 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8031 | PANG YIN YEE FLORANCE | 1:14:44 | 1:14:33 | 0:32:30 | 0:47:16 |
| 39 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8003 | CHAN CHO YING | 1:15:58 | 1:15:44 | 0:33:19 | 0:48:30 |
| 40 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8039 | WONG WAI YEE | 1:18:08 | 1:17:59 | 0:33:53 | 0:49:58 |
| 41 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 1 組 | 8048 | WOO WAI LING | 1:22:46 | 1:22:28 | 0:35:19 | 0:51:31 |

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| 42 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8047 | WONG HIU YIN | 1:22:59 | 1:22:32 | 0:36:19 | 0:53:17 |
| 43 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8030 | NGAI HAU WA | 1:23:03 | 1:22:32 | 0:38:24 | 0:54:51 |
| 44 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8011 | LI SIU WAI | 1:23:04 | 1:23:02 | 0:35:14 | 0:52:03 |
| 45 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8038 | CHAU MAN FONG | 1:26:01 | 1:25:51 | 0:35:33 | 0:53:10 |
| 46 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8040 | POON HILDA | 1:26:46 | 1:26:42 | 0:37:54 | 0:54:50 |
| 47 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8026 | LI YING YING | 1:35:01 | 1:34:59 | 0:44:09 | 1:02:06 |
| 48 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8046 | POON YIM TING | 1:35:29 | 1:35:20 | 0:43:54 | 1:02:31 |
| 49 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8004 | NG PO YEE | 1:36:42 | 1:36:26 | 0:42:02 | 1:01:16 |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8005 | LAM SUK MAN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8010 | WONG MAY YAN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8016 | CHUNG CARRIE | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8025 | WONG FEI FEI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8029 | CHAN LAI MAN AGNES | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8032 | WONG MUSHROOM | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8033 | TSANG WAN | | | | |
| 0 | 1.0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 1 組 | 8057 | Wong Hing Yin | | | | |
| 1 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9043 | LEE PUI KAM KENNA | 0:47:22 | 0:47:22 | 0:21:06 | 0:30:27 |
| 2 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9029 | WONG SAU LIN | 0:48:37 | 0:48:37 | 0:21:31 | 0:31:12 |
| 3 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9044 | TSANG MEI WA MARIA | 0:49:33 | 0:49:29 | 0:22:24 | 0:32:09 |
| 4 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9001 | CHAN ANNA SUET MEI | 0:50:11 | 0:50:10 | 0:22:27 | 0:32:38 |
| 5 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9025 | WONG YIP MUI IVY | 0:52:26 | 0:52:22 | 0:23:20 | 0:33:47 |
| 6 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9037 | 譚彩萍 | 0:52:55 | 0:52:52 | 0:23:57 | 0:34:27 |
| 7 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9005 | LAU TSZ CHING | 0:53:06 | 0:53:04 | 0:23:56 | 0:34:30 |
| 8 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9002 | KWOK WAI CHUN | 0:54:23 | 0:54:12 | 0:24:30 | 0:35:19 |
| 9 | 1.0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9060 | PANG SUK LING | 0:54:42 | 0:54:35 | 0:24:42 | 0:35:43 |
| 10 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9047 | TAI SAU KING | 0:56:00 | 0:55:58 | 0:25:06 | 0:36:25 |
| 11 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9032 | CHIANG YIN LING | 0:56:51 | 0:56:47 | 0:25:17 | 0:36:42 |
| 12 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9049 | POON SHUK YEE | 0:57:43 | 0:57:20 | 0:26:05 | 0:37:29 |
| 13 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9028 | SHEK MEI LING | 0:58:09 | 0:58:05 | 0:25:38 | 0:37:24 |
| 14 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9003 | LEUNG MEI-YUK | 0:58:28 | 0:58:24 | 0:25:47 | 0:37:39 |
| 15 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9042 | LEE KWOK CHOI JOSEPHINE | 0:59:12 | 0:59:10 | 0:26:04 | 0:38:11 |
| 16 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9014 | CHAY WAI YEE | 0:59:44 | 0:59:20 | 0:27:01 | 0:38:41 |
| 17 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9017 | MOK YUK YI | 1:00:39 | 1:00:35 | 0:26:39 | 0:38:56 |
| 18 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9013 | WONG WINNIE | 1:01:07 | 1:00:43 | 0:27:35 | 0:39:59 |
| 19 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9036 | CHIU MINE | 1:01:11 | 1:00:50 | 0:26:46 | 0:39:22 |
| 20 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9020 | YIP KAM PIK | 1:01:33 | 1:01:09 | 0:26:58 | 0:39:23 |
| 21 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9010 | LIK LIK | 1:01:36 | 1:01:31 | 0:26:49 | 0:39:29 |
| 22 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9053 | NG LAI YIN | 1:01:55 | 1:01:42 | 0:27:37 | 0:39:55 |
| 23 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9022 | IP OI PING | 1:02:13 | 1:02:09 | 0:26:45 | 0:40:05 |
| 24 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9048 | LI MUN YEE SINNY | 1:03:17 | 1:03:10 | 0:27:30 | 0:40:30 |
| 25 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9021 | WANG BARBARA | 1:03:28 | 1:03:04 | 0:28:25 | 0:40:44 |
| 26 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9030 | YUEN YUN SEUNG | 1:04:47 | 1:04:44 | 0:28:07 | 0:41:15 |
| 27 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Nomen's Master | 女子先進 2 組 | 9018 | CHU JOANNE | 1:04:57 | 1:04:55 | 0:28:20 | 0:41:36 |

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|----|-------------------------------|--------|----------------|----------|------|----------------------|---------|---------|---------|---------|
| 28 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9012 | CHAN MAN WAI | 1:06:05 | 1:06:01 | 0:29:42 | 0:43:10 |
| 29 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9041 | LEE LUNG YEE | 1:07:08 | 1:07:02 | 0:29:20 | 0:43:17 |
| 30 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9024 | LEUNG LAI LAI | 1:07:25 | 1:07:07 | 0:29:23 | 0:42:23 |
| 31 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9038 | TANG YAU KING | 1:07:51 | 1:07:28 | 0:30:02 | 0:43:39 |
| 32 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9059 | WAN WAI MAN KIT | 1:09:45 | 1:09:39 | 0:31:28 | 0:45:23 |
| 33 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9015 | HO SANDY | 1:10:42 | 1:10:39 | 0:29:13 | 0:43:47 |
| 34 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9039 | CHUK TERESA | 1:13:54 | 1:13:28 | 0:31:20 | 0:46:37 |
| 35 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9026 | YIM SHUK WAI ANITA | 1:15:04 | 1:14:49 | 0:33:40 | 0:48:31 |
| 36 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9007 | LEE KA MING | 1:15:46 | 1:15:19 | 0:34:39 | 0:49:00 |
| 37 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9052 | LAM WAI HA OLGA | 1:16:36 | 1:16:33 | 0:33:40 | 0:48:53 |
| 38 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9031 | LAM SANNY | 1:16:41 | 1:16:33 | 0:32:42 | 0:48:13 |
| 39 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9050 | CHEUNG MUN YEE | 1:17:49 | 1:17:44 | 0:34:27 | 0:49:31 |
| 40 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9011 | TANG YUK YIN | 1:18:11 | 1:17:40 | 0:35:12 | 0:50:41 |
| 41 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9009 | CHEUNG HIU YIM | 1:19:50 | 1:19:40 | 0:34:35 | 0:50:50 |
| 42 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9051 | FUNG MI LING | 1:20:25 | 1:20:08 | 0:35:05 | 0:51:23 |
| 43 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9055 | TSE KA PIK | 1:21:18 | 1:21:06 | 0:34:59 | 0:51:25 |
| 44 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9006 | CHEUNG PO LIN | 1:21:22 | 1:21:16 | 0:34:58 | 0:51:21 |
| 45 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9054 | WONG SHUI FONG | 1:21:42 | 1:21:38 | 0:34:46 | 0:51:27 |
| 46 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9004 | LEUNG YIN PING | 1:23:15 | 1:22:58 | 0:39:27 | 0:55:38 |
| 47 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9019 | WONG JUN | 1:24:56 | 1:24:41 | 0:36:12 | 0:53:29 |
| 48 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9057 | FUNG MI HA | 1:37:48 | 1:37:32 | 0:42:22 | 1:01:33 |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9008 | WONG SO SHAM SHIRLEY | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9016 | CHAN ANGELA | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9023 | TAM TZE HA | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9033 | 黃金鳳 | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9034 | CHOI MEI MEI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9040 | POON WAI YIN LIZA | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9045 | KO JACQUELINE | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9046 | HO CHUNG FAI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9058 | 主圭大大 | | | | |
| 0 | 10KM Individual Challenge Cup | 十公里挑戰盃 | Women's Master | 女子先進 2 組 | 9061 | PANG SUK LING | | | | |
| 1 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7065 | CHAN HIN SIN CINDY | 0:47:09 | 0:47:08 | 0:20:54 | 0:30:31 |
| 2 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7024 | CHAN TSZ KI | 0:48:13 | 0:48:09 | 0:21:28 | 0:31:04 |
| 3 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7048 | CHOW CHOI YAN | 0:49:01 | 0:49:00 | 0:21:41 | 0:31:40 |
| 4 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7045 | CHENG KA KI ANGEL | 0:49:05 | 0:49:02 | 0:22:03 | 0:31:44 |
| 5 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7057 | LAM SAU YU POLLY | 0:49:41 | 0:49:38 | 0:22:02 | 0:31:59 |
| 6 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7039 | YIU HONG LAI | 0:50:47 | 0:50:44 | 0:22:09 | 0:32:39 |
| 7 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7070 | TSAI HANG YU | 0:50:57 | 0:50:57 | 0:22:51 | 0:32:59 |
| 8 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7077 | CHAN YUEN KAR | 0:51:02 | 0:50:59 | 0:23:03 | 0:33:25 |
| 9 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7036 | MAK CHOR YAN | 0:52:19 | 0:52:17 | 0:23:07 | 0:33:47 |
| 10 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7042 | LUONG CONNIE | 0:52:46 | 0:52:39 | 0:23:16 | 0:33:58 |
| 11 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7059 | YEUNG HOI TING | 0:52:50 | 0:52:44 | 0:23:07 | 0:33:46 |
| 12 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7055 | HSU LAI KUEN MAGGIE | 0:53:03 | 0:52:52 | 0:23:27 | 0:34:26 |

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|----|-------------------------------|--------|----------------|-------|------|----------------------|---------|---------|---------|---------|
| 13 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7062 | LAW PUI SHAN | 0:53:58 | 0:53:57 | 0:23:56 | 0:34:43 |
| 14 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7009 | FUNG WING SUM | 0:54:28 | 0:54:21 | 0:24:02 | 0:34:53 |
| 15 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7069 | FAN CHOI YU | 0:54:31 | 0:54:24 | 0:23:58 | 0:35:08 |
| 16 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7064 | ZEE TSZ YAN | 0:54:35 | 0:54:26 | 0:24:24 | 0:35:19 |
| 17 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7051 | LAM LOK KA | 0:55:01 | 0:54:33 | 0:25:09 | 0:35:51 |
| 18 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7082 | CHAU YEUK KEI | 0:55:46 | 0:55:40 | 0:25:04 | 0:36:01 |
| 19 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7071 | LUI MAN KEI MAGGIE | 0:55:54 | 0:55:45 | 0:24:33 | 0:35:39 |
| 20 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7067 | YEUNG HOI YING | 0:56:11 | 0:56:05 | 0:25:00 | 0:36:17 |
| 21 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7056 | YIU WING TUNG | 0:57:08 | 0:57:02 | 0:25:03 | 0:36:53 |
| 22 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7079 | NG YEUK LAM | 0:58:22 | 0:57:56 | 0:25:28 | 0:37:13 |
| 23 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7015 | LEUNG ANGEL | 0:58:47 | 0:58:26 | 0:26:43 | 0:38:29 |
| 24 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7013 | LAW KWAN YEE | 0:58:56 | 0:58:49 | 0:25:44 | 0:38:01 |
| 25 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7007 | YIP SANDY | 0:59:02 | 0:58:41 | 0:26:53 | 0:38:35 |
| 26 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7054 | WAN YUK LING | 0:59:14 | 0:59:08 | 0:26:15 | 0:38:32 |
| 27 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7046 | LUI PAULINE | 1:01:21 | 1:01:15 | 0:26:45 | 0:39:26 |
| 28 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7016 | YU YAY PUI | 1:01:29 | 1:01:19 | 0:30:10 | 0:41:55 |
| 29 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7021 | TO KA YIN KAREN | 1:02:31 | 1:02:06 | 0:28:29 | 0:40:40 |
| 30 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7025 | WANG XIANGJUN | 1:03:36 | 1:03:28 | 0:27:11 | 0:40:26 |
| 31 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7002 | YAN KIT YING | 1:04:01 | 1:03:47 | 0:29:45 | 0:42:18 |
| 32 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7022 | LIU WING KA | 1:04:15 | 1:03:50 | 0:28:29 | 0:40:47 |
| 33 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7028 | CHOW LAM | 1:04:45 | 1:04:37 | 0:27:53 | 0:41:04 |
| 34 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7087 | 曾潔滢 | 1:05:28 | 1:05:08 | 0:27:45 | 0:42:13 |
| 35 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7058 | WONG NGAR YAN HILARY | 1:05:43 | 1:05:26 | 0:29:37 | 0:42:27 |
| 36 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7076 | 吳旭英 | 1:05:59 | 1:05:50 | 0:31:05 | 0:43:17 |
| 37 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7052 | 廖天鏞 | 1:06:35 | 1:06:26 | 0:31:04 | 0:44:06 |
| 38 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7010 | FAN SHUN HIM | 1:06:55 | 1:06:41 | 0:29:51 | 0:43:25 |
| 39 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7072 | CHU YI YAN | 1:07:50 | 1:07:44 | 0:30:58 | 0:44:32 |
| 40 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7034 | YIU TSZ WING | 1:09:29 | 1:08:59 | 0:32:14 | 0:46:11 |
| 41 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7043 | WONG LEE PING | 1:09:49 | 1:09:31 | 0:30:08 | 0:43:59 |
| 42 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7060 | LING KA KI | 1:09:50 | 1:09:33 | 0:30:48 | 0:45:04 |
| 43 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7031 | KWOK YIN CHING | 1:10:02 | 1:09:14 | 0:30:20 | 0:44:38 |
| 44 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7088 | IP PO LAM | 1:10:34 | 1:10:27 | 0:31:21 | 0:45:24 |
| 45 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7001 | LAM KIT NI | 1:10:38 | 1:10:08 | 0:30:43 | 0:44:52 |
| 46 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7053 | TSANG WING KIU | 1:11:06 | 1:10:41 | 0:30:14 | 0:45:09 |
| 47 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7081 | POON KAR KEE | 1:11:22 | 1:11:05 | 0:32:04 | 0:46:07 |
| 48 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7075 | HO KA YAN | 1:12:36 | 1:12:10 | 0:33:20 | 0:47:56 |
| 49 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7080 | YIP MAN YAN ABBIE | 1:12:47 | 1:12:30 | 0:34:43 | 0:48:59 |
| 50 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7011 | CHEUK KEI FONG | 1:14:00 | 1:13:45 | 0:32:28 | 0:47:21 |
| 51 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7030 | CHAN CHOI HA | 1:14:10 | 1:13:47 | 0:32:30 | 0:47:15 |
| 52 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7044 | CHAN KA MAN | 1:14:44 | 1:14:12 | 0:34:04 | 0:48:52 |
| 53 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7027 | LAM KA MAN | 1:14:50 | 1:14:42 | 0:31:47 | 0:47:58 |

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| 54 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7012 | CHAN WING YI | 1:15:31 | 1:15:01 | 0:32:15 | 0:47:20 |
| 55 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7083 | LEUNG PUI FAN | 1:16:06 | 1:15:45 | 0:33:45 | 0:48:58 |
| 56 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7035 | CHU OI WING TAMMY | 1:16:30 | 1:15:58 | 0:34:13 | 0:48:58 |
| 57 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7047 | LAM YUEN WAH | 1:17:28 | 1:17:17 | 0:33:55 | 0:50:01 |
| 58 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7040 | WONG LAI YEE | 1:17:37 | 1:17:04 | 0:34:06 | 0:49:18 |
| 59 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7006 | LAM KWAN YUEN | 1:18:24 | 1:17:53 | 0:36:18 | 0:51:37 |
| 60 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7004 | 莫宛霽 | 1:18:50 | 1:18:37 | 0:34:43 | 0:51:19 |
| 61 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7063 | LEE KAR MAN | 1:19:09 | 1:18:48 | 0:35:44 | 0:51:09 |
| 62 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7014 | AU-YEUNG WAI YING | 1:19:20 | 1:18:52 | 0:36:18 | 0:52:08 |
| 63 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7078 | LING KA YAN | 1:21:38 | 1:21:20 | 0:35:59 | 0:52:07 |
| 64 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7038 | 李寶欣 | 1:22:43 | 1:21:50 | 0:37:26 | 0:53:18 |
| 65 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7084 | 黃燕兒 | 1:24:17 | 1:23:50 | 0:35:11 | 0:50:45 |
| 66 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7074 | LI KA YING KARINA | 1:30:21 | 1:30:14 | 0:40:32 | 0:58:03 |
| 67 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7019 | FONG LOK YI | 1:30:58 | 1:30:28 | 0:40:03 | 0:57:25 |
| 68 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7017 | 孫梓媛 | 1:32:31 | 1:32:20 | | 0:55:08 |
| 69 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7003 | HO CHUNG YAN | 1:36:51 | 1:36:23 | 0:44:19 | 1:02:45 |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7005 | LAU WING SUM | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7018 | WONG CHI FEI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7020 | CHOW LAM | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7023 | LAU YING WA | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7026 | LAU TSZ YAN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7029 | LUI WAI MAN | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7032 | CHENG MING YEE | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7037 | SO KA PO | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7041 | CHAN MING CHU | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7049 | WONG YEE KI | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7050 | LAM STEPHANIE | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7061 | FAN WAI SZE | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7066 | MOK MAN TING FLORENCE | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7073 | HO CHUNG SZE DILYS | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7085 | SO CHUN HIM | | | | |
| 0 | .0KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7086 | YIM YIK FOON | | | | |
| 0 | 10KM Individual Challenge Cup | 十公里挑戰盃 | Women's Senior | 女子壯年組 | 7089 | LUI TSZ TING | 0:32:24 | 0:18:26 | | DQ |